

Blackened Chicken Salad

1 each Dinner's Ready Cajun Blackened Chicken Breast
2 tbs. Vegetable Oil
4 oz. Dinner's Ready Southwest Chipotle Sauce
1 Dinner's Ready Dinner Salad

Preheat oven to 350° F. Heat vegetable oil in a heavy skillet over medium high heat. Place Blackened Chicken Breast in heated skillet and cook for 3-4 minutes on the first side. Turn breast over and cook 3-4 minutes on the second side. Place Blackened Chicken on a sheet pan and finish cooking in the oven until internal temperature reaches 165° F, about 20-25 minutes.

Slice cooked Blackened Chicken and place on top of Dinner's Ready Dinner Salad. Serve with Dinner's Ready Southwest Chipotle Sauce as a dressing.

Suggested Side Dishes:

Dinner's Ready Garlic Bread with Cheese